## **College Confidence** What America knows about paying for college

Findings from Sallie Mae's national study of high school students and parents



### What we'll cover

About this research

How college-bound families feel about paying for college

What families know about the FAFSA® and the financial aid process, scholarships and student loans

Paying-for-college perceptions and misconceptions

#### What's in it for you

Establish how prepared families feel for paying for college Explore ways to help families plan

Visit www.SallieMae.com/CollegeConfidence

## **About the research**

College Confidence 2021

#### **Study objectives**

The College Confidence research measures...

- High school families' understanding, perceptions and misconceptions about college financing
- What college-bound students and parents know about financial aid, the FAFSA, scholarships, and student loans
- Ways to help families plan to pay for college

#### Sample and method

- 585 students and 550 parents of high school juniors and seniors who are planning to attend college
- Research fielded between August 19 September 20, 2021
- Research conducted by Ipsos online, in English
- The survey sample comprised a cross-section of key demographic variables
- Sampling weights were sourced from the American Community Survey (ACS) and the Current Population Survey (CPS)

# How families feel about college and financing

### Students believe that college is a path to opportunities

However, families are stressed about education financing 81%

believe a degree will provide better opportunities in the long run or a good job

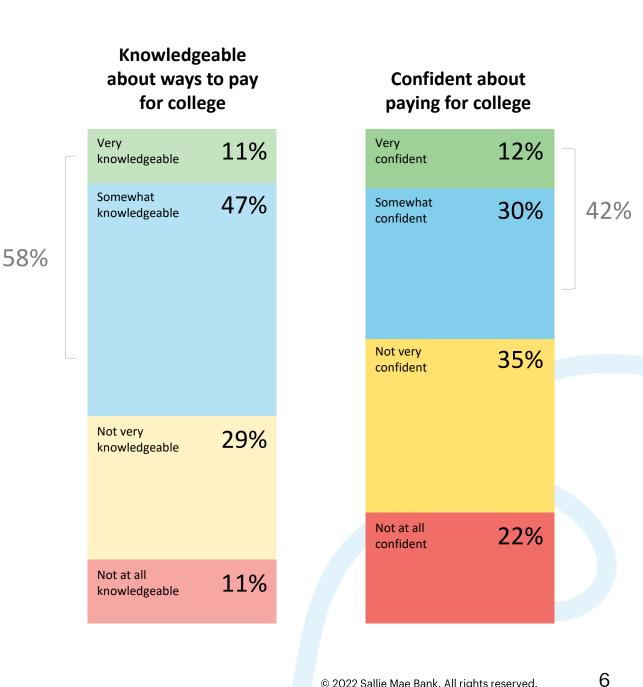
81%

agree that paying for college is stressful

SOURCE: College Confidence: What America knows about paying for college

## Six in 10 families feel knowledgeable about paying for college, but fewer are confident

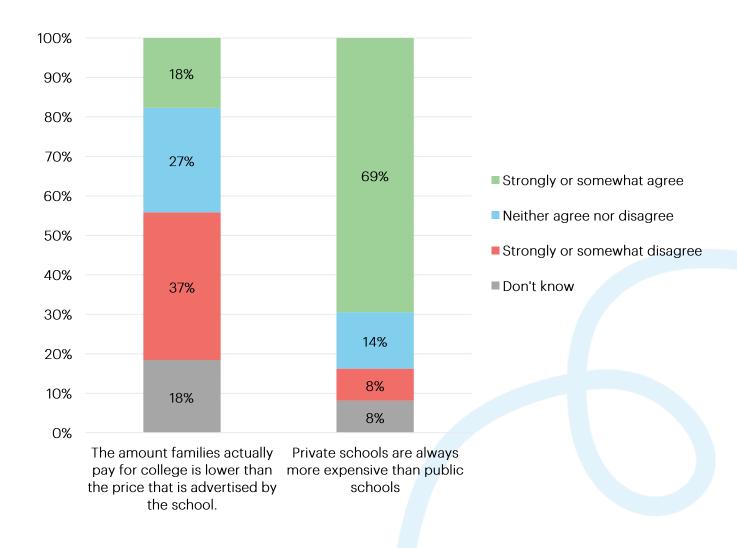
74% of college-bound families say they already started thinking about how to pay



#### **Perceptions of college cost**

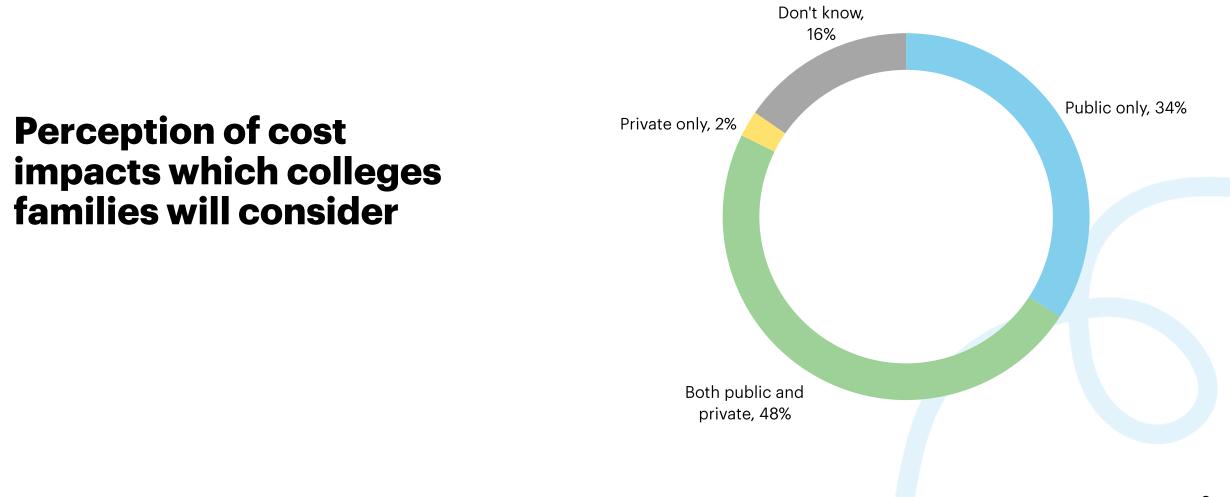
## Families make assumptions about the cost of college

 Cost is a critical factor as families decide which schools to consider



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School types under consideration



# Understanding the funding sources

FAFSA® Financial aid Scholarships Loans

#### **Familiarity with the FAFSA**

■ Very familiar ■ Somewhat familiar ■ Heard of, but know almost nothing ■ Have not heard of ■ Don't know

#### Very or 80% 100% 0% 20% 40% 60% somewhat familiar 5% 16% 28% 30% 21% Overall 44% 61% <mark>17% 2</mark>% 26% 35% 20% Parents 30% Students 23% 24% 9% 38% 7% 6% 40% 28% Junior families 16% 25% 26% 5% 47% Senior families 15% 16% 31% 34%

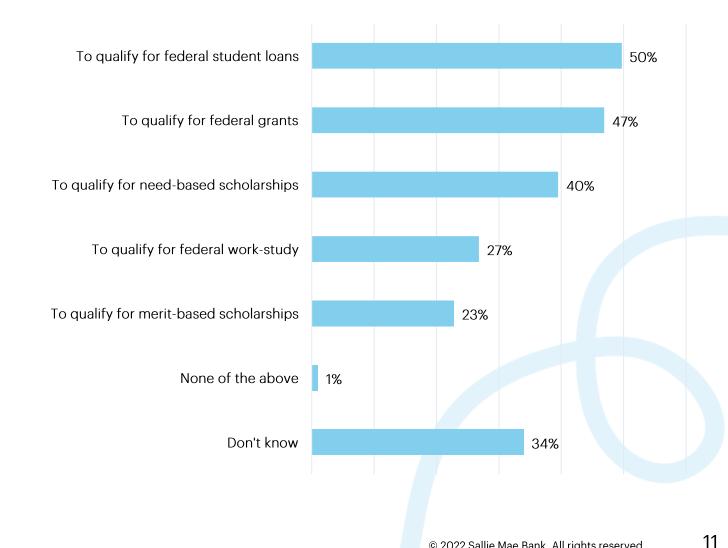
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### Most have heard of the FAFSA, but few are very familiar

• Parents are more familiar with the FAFSA than students are based on their past experience with the application

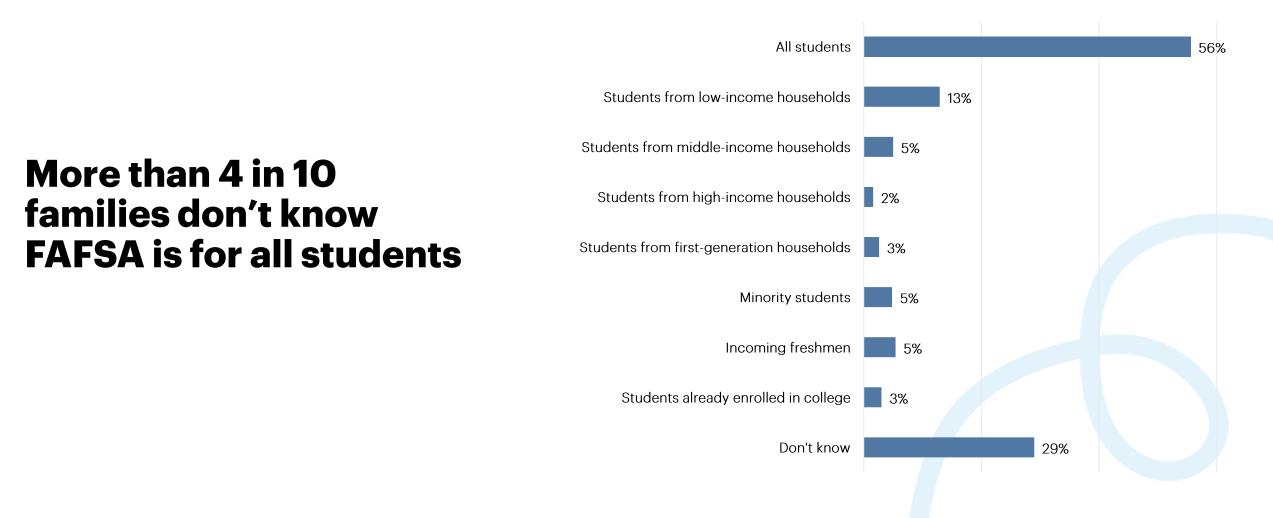
#### **Reasons to fill out the FAFSA**



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## **One-third of families** don't know a reason for filling out the FAFSA

#### Who should fill out the FAFSA



## Only 6 in 10 families are planning to complete the FAFSA

 50% of families planning to submit the FAFSA feel prepared



are definitely or probably planning to fill out the FAFSA



Believe that submitting the FAFSA is a waste of time if your family makes too much money

# Understanding the funding sources

FAFSA® Financial aid Scholarships Loans

#### **Familiarity with aspects of financial aid process**

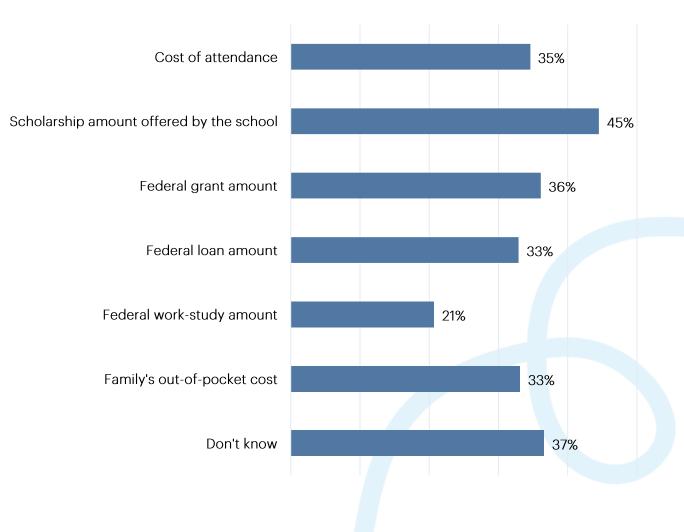
Very or 60% 80% 100% 0% 20% 40% somewhat familiar Financial aid / 54% 18% 36% 33% **6%** 8% award letter from the college 4% Scholarships 47% 19% 29% 76% 14% 34% <mark>4%</mark>6% Grants 42% 56% Federal student loans 16% 43% 30% **5%** 8% 58% Parent PLUS loans **5%** 12% 21% 46% 16% 17% 29% Federal work-study 8% 21% 28% 30% 13%

Very familiar Somewhat familiar Heard of, but know almost nothing Have not heard of Don't know

## Many families are unfamiliar with the financial aid process

#### What is typically included in financial aid offer letters

(among families familiar with fin aid offer letters)



#### Even among those who are familiar, most aren't 100% clear on what information is included in the financial aid award/offer letter

# Understanding the funding sources

FAFSA® Financial aid Scholarships Loans



say earning a scholarships would make college more affordable

Misconceptions about scholarships may stand in the way of making college more affordable



have started or are planning to research scholarships



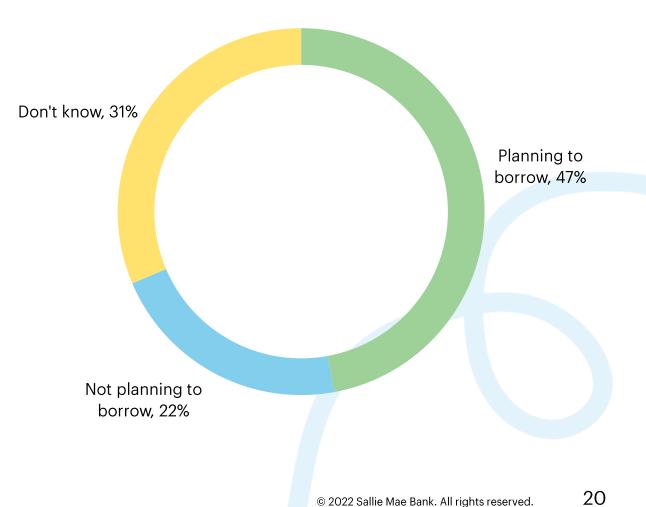
believe scholarships are only for exceptional students

# Understanding the funding sources

FAFSA® Financial aid Scholarships Loans

Anticipate need for borrowed funds

## Half of families anticipate the need to borrow to cover college costs

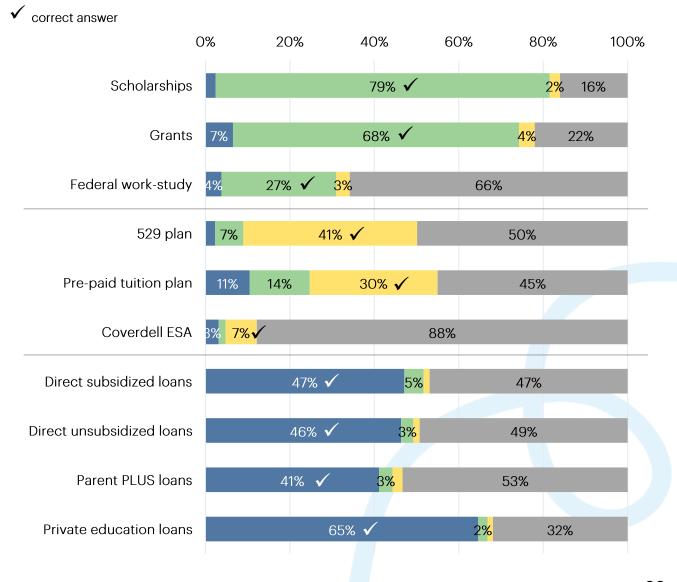


SOURCE: College Confidence: What America knows about paying for college

## Identifying education funding sources and how they work

#### Identifying education funding sources

\$ that needs to be repaid \$\$ that does not need to be repaid \$\$ Savings accounts for education \$\$ None / DK

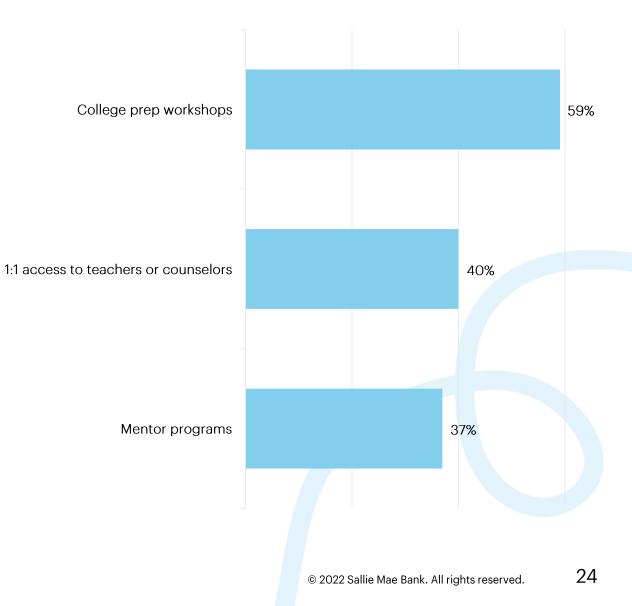


## Families' understanding of funding sources varies significantly

 First-generation families require more information and guidance

## So what do we do?

#### Tools to help transition from high school to college



### College prep workshops can be helpful as families plan for college

SOURCE: College Confidence: What America knows about paying for college

What would help make college more affordable?

### Access to planning tools and cost information sooner can help make college more affordable

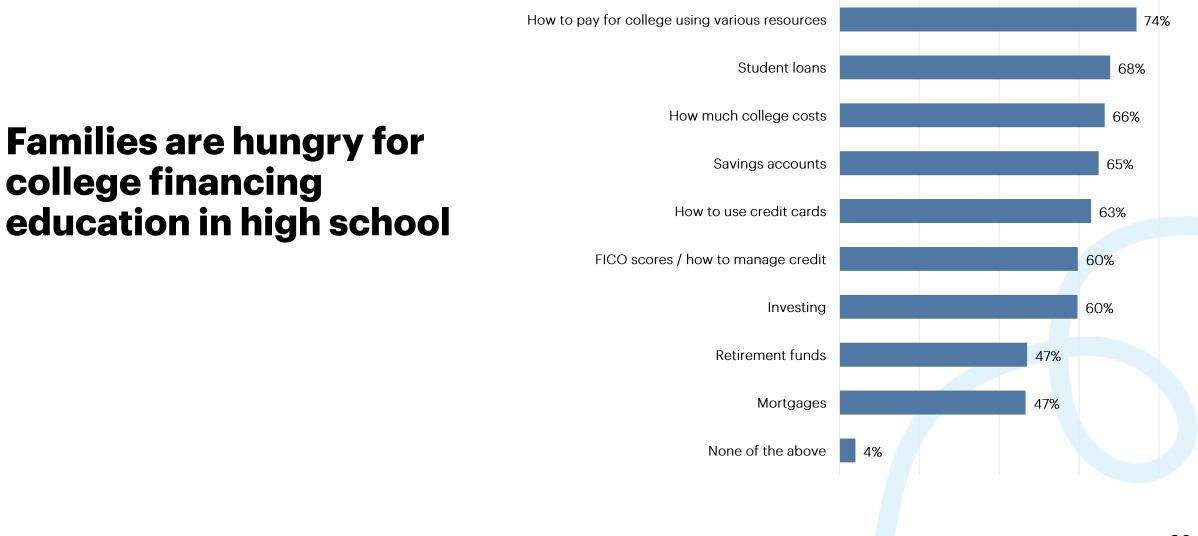


access to tools for researching colleges, majors, and financial aid



finding out sooner how much they'll have to pay

#### Financial topics that should be taught in high school



SOURCE: College Confidence: What America knows about paying for college

## In conclusion

College Confidence: What America knows about paying for college

For college-bound families, education is an investment, but many are confused and stressed about college financing. College financing topics should be introduced in high school, earlier than senior year, to arm families with tools, knowledge and confidence to meet the cost of education. Families are searching for reliable, trustworthy, comprehensive, and easyto-understand resources to help them plan and pay for college.

Review full report at https://www.salliemae.com/about/leading-research/

#### Borrow responsibly

We encourage students and families to start with savings, grants, scholarships, and federal student loans to pay for college. Students and families should evaluate all anticipated monthly loan payments, and how much the student expects to earn in the future, before considering a private student loan.

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## **Questions?**

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